

WIC NUTRITIONIST

DISTINGUISHING FEATURES OF THE CLASS: The work involves responsibility for planning and carrying out the Nutrition Education components of the WIC (women, infants, and children) Program. An incumbent designs and selects information and educational materials and makes presentations to program participants in order to emphasize the relationship between nutrition and health. The Nutritionist also determines if program participants are at nutritional risk and participates with co-workers in other program activities. The work is carried out under the supervision of the Health Program Director (WIC). Supervision may be exercised over subordinate program staff. A WIC Nutritionist does related work as required.

TYPICAL WORK ACTIVITIES:

- Participates in development of annual Nutrition Education-Outreach plans;
- Plans a variety of nutrition education activities such as orientation sessions for new participants, group education, individual counseling, discussion groups, lectures, food demonstrations, and children's groups;
- Selects materials, media, and a variety of teaching aides to assist and augment nutrition specific to the participant's nutritional needs, and prepares individual nutrition care plan for high risk participants;
- Conducts individual and group counseling on maternal and child nutrition specific to the participant's nutritional needs, and prepares individual nutrition care plan for high risk participants;
- Counsels clients and their families regarding foods available through the WIC Program, nutrients provided by these foods, and additional foods required to assume satisfaction of complete nutritional needs;
- Participates in State, regional, and local conferences and meetings to keep abreast of new developments in the field of nutrition and WIC Programs;
- Determines program eligibility and certification of participants, distributes checks, and participates in vendor monitoring and training and outreach activities;
- Maintains lesson plans and a variety of records, reports, and participant documentations associated with the work;
- May plan and conduct in-service training programs in nutritional care for WIC Program staff, County Health Department, cooperating Health providers, and other agencies and interested community groups.

FULL PERFORMANCE KNOWLEDGES, SKILLS, ABILITIES, AND PERSONAL CHARACTERISTICS: Good knowledge of human nutrition and the symptoms and physical signs of nutritional deficiencies; working knowledge of the design and implementation of community nutritional education programs; skill in human and public relations; ability to identify and develop resources and educational materials appropriate to the educational and cultural background of program participants; ability to readily acquire familiarity with laws, regulations, and policies governing the administration of WIC Programs; ability to plan and coordinate the work of others; ability to identify priorities; ability to express oneself effectively both orally and in writing; good judgement; physical condition commensurate with the demands of the position.

MINIMUM QUALIFICATIONS: Either:

- A) Possession of a Bachelor's or Master's Degree in Nutritional Sciences, Community Nutrition, Clinical Or Human Nutrition, Dietetics, Foods And Nutrition, Public Health Nutrition or closely related field;

OR

- B) Completion of a dietetic internship at an institution approved by the American Dietetic Association and either currently registered or eligible for registration as a dietitian by the American Dietetic Association.

NOTE: Your degree must have been awarded by a college or university accredited by a regional, national, or specialized agency recognized as an accrediting agency by the U.S. Department of Education/U.S. Secretary of Education. If your degree was awarded by an educational institution outside the United States and its territories, you must provide independent verification of equivalency. A list of acceptable companies who provide this service can be found on the New York State Civil Service website. You must pay the required evaluation fee.

SPECIAL REQUIREMENT FOR APPOINTMENT: Possession of a New York State driver's license and use of a privately owned vehicle.

CATTARAUGUS COUNTY CIVIL SERVICE

Revised: 11/10/22